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# SMART Goals for Technology & Distance Learning Plans (TDLP)

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## Overview:

This OTAN webinar gives an overview of using the SMART framework to set, track, and evaluate goals for agency Technology & Distance Learning Plans (TDLP).

## Agenda:

- ✓ Introduction to SMART goal-setting framework
- ✓ Overview of TDLP Implementation Guide
- ✓ Analysis of sample goals
- ✓ Information about additional resources available

## After this webinar, participants will be able to:

- ✓ Apply SMART goal-setting framework to TDLP
- ✓ Utilize the TDLP Implementation Guide as a reference tool and to request help

*“SMART Goals for Technology & Distance Learning Plans (TDLP)”  
Developed by Karla Frizler, Subject Matter Expert for OTAN  
Webinars: Friday, November 30, 2018 & Tuesday, January 8, 2019*

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**Let's Connect!**

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**#tdls18** <http://www.otan.us>

## AEFLA/TECHNOLOGY & DISTANCE LEARNING PLAN RESOURCES

- California Adult Education Online Application & Reporting  
<https://caadulteredreporting.org/adultered/>
- Technology and Distance Learning Plan Information  
<https://caadulteredreporting.org/Info/index.cfm?fuseaction=tp>
- TDLP Implementation Guide 2018-19 (required)  
<https://caadulteredreporting.org/TP/documents/TPDLimplementationGuide.pdf>
- ISTE Digital Literacy Standards for Educators  
<http://www.iste.org/standards/for-educators>
- ISTE Digital Literacy Standards for Students  
<http://www.iste.org/standards/for-students>

## OTAN RESOURCES

- OTAN You Tube Channel (*where to find video screencasts, webinars and Tech Talks!*)  
[https://www.youtube.com/channel/UC4AEwX\\_lm1xmkxNA2V9RRUA](https://www.youtube.com/channel/UC4AEwX_lm1xmkxNA2V9RRUA)

## ARTICLES – GOAL SETTING

- How to Overcome “Someday” Syndrome  
[https://www.thriveglobal.com/stories/41843-how-to-overcome-someday-syndrome?utm\\_content=buffer1870d&utm\\_medium=LinkedIn&utm\\_source=Thrive](https://www.thriveglobal.com/stories/41843-how-to-overcome-someday-syndrome?utm_content=buffer1870d&utm_medium=LinkedIn&utm_source=Thrive)
- Personal Goal Setting: Planning to Live Your Life Your Way  
<https://www.mindtools.com/page6.html>
- SMART Goals  
<https://www.yourcoach.be/en/coaching-tools/smart-goal-setting.php>

## APPS/WEBSITES – GOAL SETTING

- 5 of the Best Goal Setting Apps  
<https://www.lifewire.com/best-goal-setting-apps-3485941>
- 5 Top Tracking Apps for Your 2018 Goals  
<https://www.thejobnetwork.com/5-top-tracking-apps-for-your-2018-goals/>
- Goal Setting: 14 Tools to Help You Reach Your Goals  
<https://convertkit.com/goal-trackers/>
- Life Tick Goal Setting  
<https://lifetick.com/>
- Tools to Help You Set, Track and Achieve Your Goals  
<https://www.thebalancesmb.com/tools-to-help-with-your-goals-2951861>
- Way of Life: Build and Break Habits (free)  
<https://itunes.apple.com/us/app/way-life-ultimate-habit-maker/id393159800?mt=8>

## Support from Karla:

- Frizzy's handouts and presentations: <http://frizteach.weebly.com>
- Request hands-on, face-to-face training for your agency/region:  
<https://www.otan.us/training/index.cfm?fuseaction=training&catid=10830>  
(request from administrator to OTAN – [support@otan.us](mailto:support@otan.us))



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OTAN activities are funded by contract CN160223 from the Adult Education Office, in the Coordinated Student Support and Adult Education Division, California Department of Education, with funds provided through Federal P.L., 105-220, Section 223. However, OTAN content does not necessarily reflect the position of that department or the U.S. Department of Education